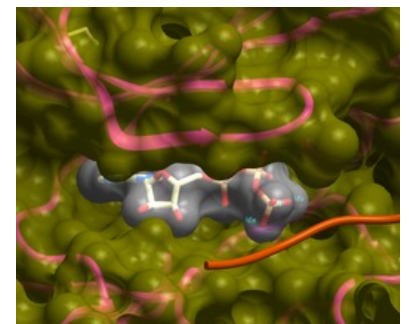
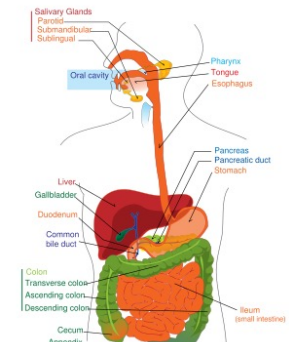
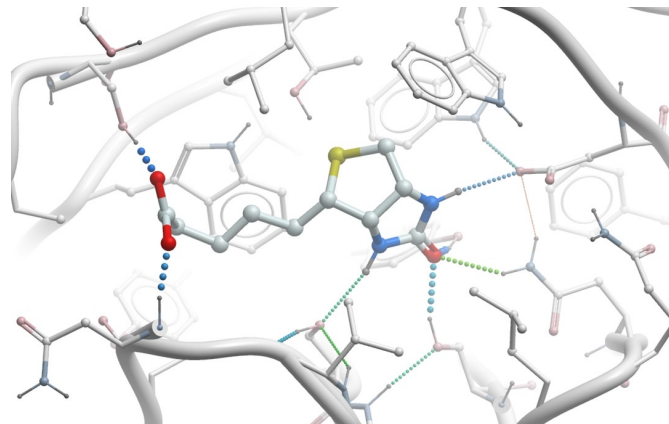


Physical Pharmacology. Molecular Structures and Drug Properties

Thermodynamics: transitions, reactions, laws

$$G=H-TS, \quad RT \ln K_{eq} = -\Delta G^{\circ}, \quad P_{osm}$$

- Radioactive & fluorescent drugs
- 2D, 3D Structure and Interactions of Drugs
- Interaction energetics
- Ionization
- Solubility
- Permeability
- Analytical methods



Radioactivity applications in pharmacology and medicine. Nuclear pharmacy

- Radio-pharmaceuticals : diagnostic or therapeutic agents, ^{47}Ca , ^{11}C , ^{14}C , ^{57}Co , ^{18}F , $^{67,68}\text{Ga}$, $^{123,124,131}\text{I}$, Fe, Kr, ^{13}N , ..Tc,Xe,Yt
- SPECT : single-photon, $^{99\text{m}}\text{Tc}$
- Positron Emission Tomography (**PET**) radiotracers (eg ^{18}F and fluoro deoxy glucose, ^{18}F -FDG)
- Surgery assistance



SPECT: Single Photon Emission Computed Tomography

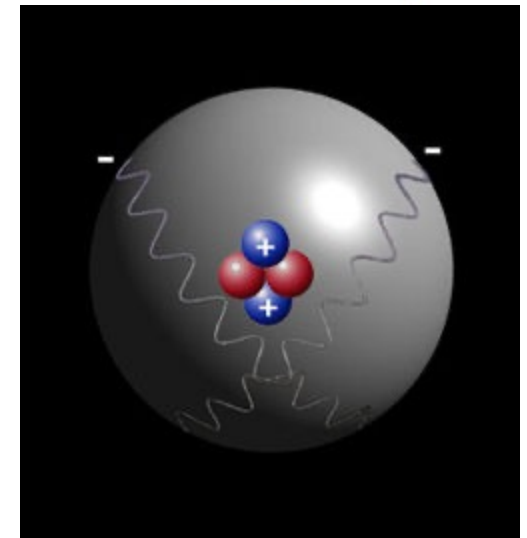
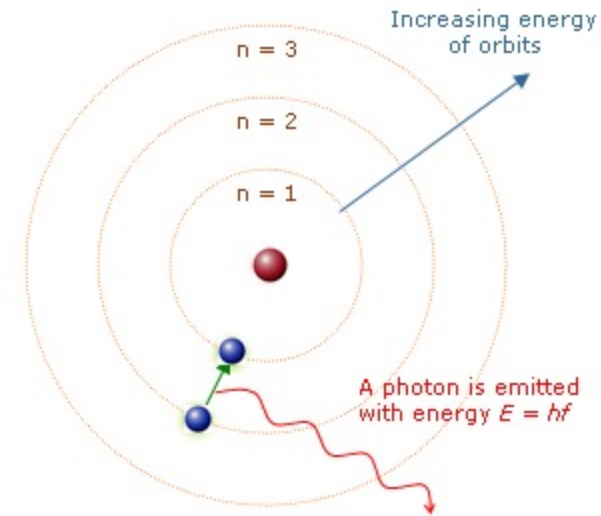
Quantum Description of Atoms and Molecules

- *Electrons* are described as probability waves around nuclei
- Electrons occupy *discrete states: orbitals*, one electron per state, two with opposite spins
- Transition between orbitals is associated with discrete energies and *wave frequencies*

$$\mathbf{E = h\nu = \hbar\omega}$$
 (ν of f in cycles, ω in radians)

- Reduced **Planck constant**

$$\hbar = h/2\pi \approx 10^{-34} \text{ J s}$$



Schrödinger equation explains molecules, particles, nuclear reactions and transitions

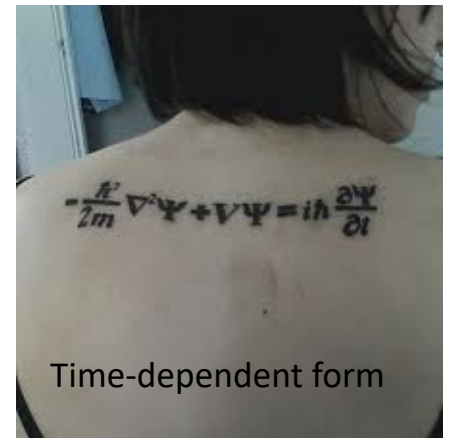
- Schrödinger equation helps finding the energies E_i and shapes of the discrete orbitals (a.k.a. “wave functions” Ψ)

$$\left[-\frac{\hbar^2}{2m} \nabla^2 + U(\mathbf{r}) \right] \psi(\mathbf{r}) = E\psi(\mathbf{r})$$

- All energies, electronic and vibrational properties of atoms and molecules are explained by the the equation



Erwin Schrödinger

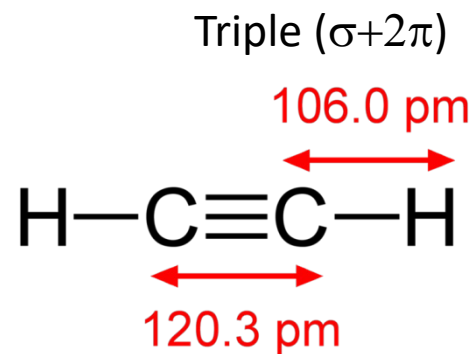
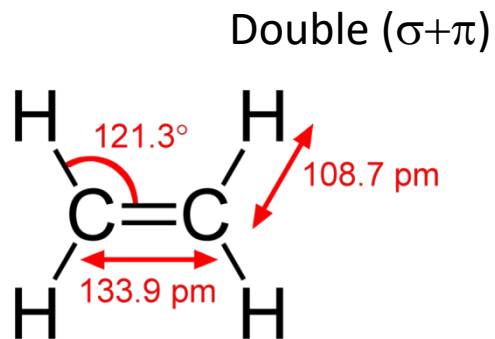
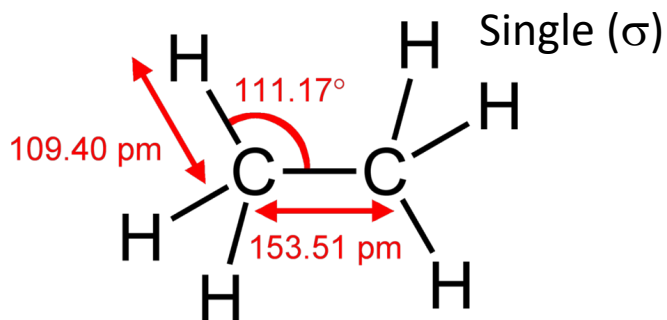


Time-dependent form

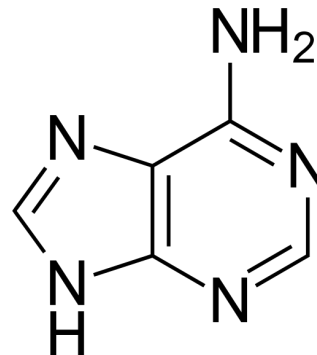
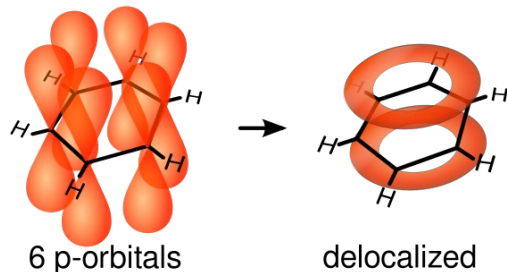
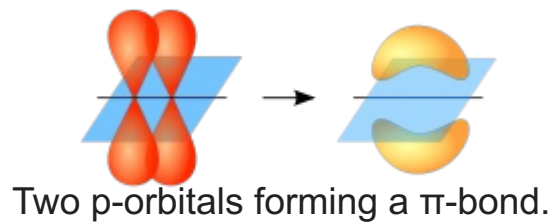
Molecular interactions: Why atoms repel each other at close distances?

- Electrons, protons and neutrons have “half-odd-integer” angular momentum (spin): $1/2\hbar$, $3/2\hbar$, $5/2\hbar$. They are called *fermions*.
- **Sub-atomic particles** with *integer* spin are called *bosons* (e.g. *photons*)
- **The *Pauli exclusion principle*: Fermions (electrons, protons, neutrons) are “stiff”:** two fermions can not occupy the same quantum state.
- That is why atoms repel each other at close distances

σ, π -bonding, bond types, transitions



Aromatic (delocalized electrons, flat structures)



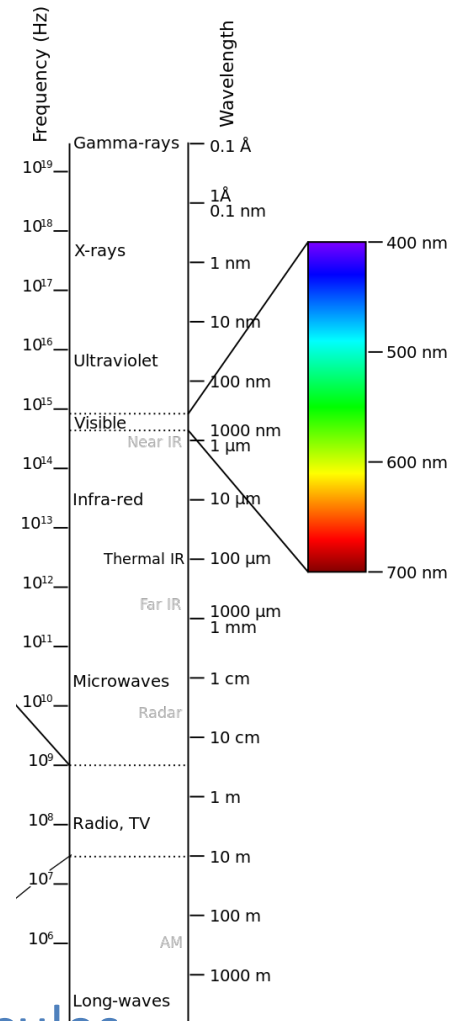
Energies of photons, from Radioactivity to Fluorescence

Low energy transitions, drug binding

- A molecule can change its
 - *Electronic state* (excited electronic level \gg RT, $\Delta E > 100$ kJ/mol, which corresponds to ~ 1 eV)
 - *Vibrational state* (changes in bond lengths and bond angles, $\Delta E \sim 10$ kJ/mol)
 - Torsion and positional variables (ΔE less than 2 kJ/mol, almost *continuous spectrum* for translation)
- At physiological T ($RT \approx 2.5$ kJ/mol), the electronic states of a non-covalent drug are typically frozen into their ground states.

High energy particles **break** multiple bonds and molecules

Radio-pharmacology: radioactive isotopes decay to make **high energy** alpha **particles**, protons, neutrons, electrons, positrons and γ rays



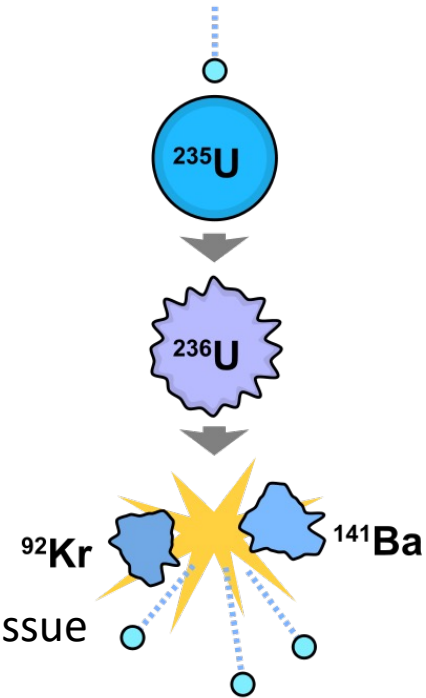
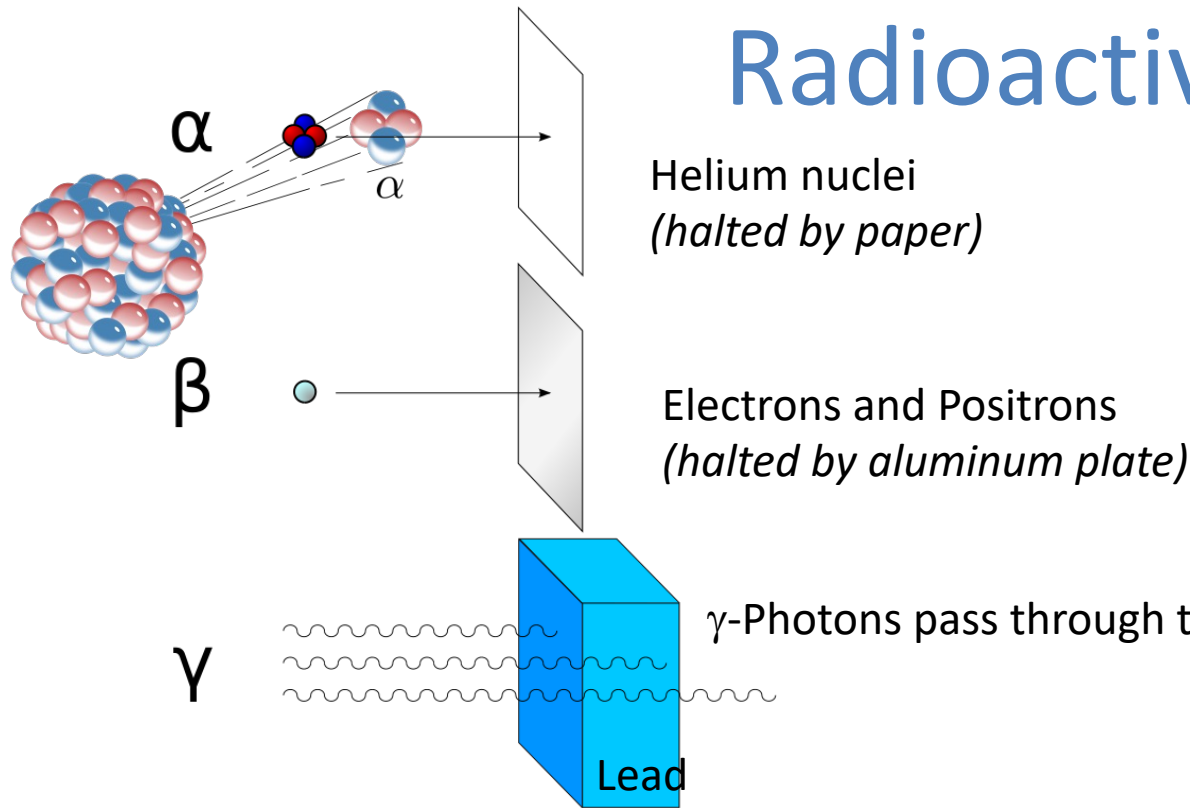
Isotopes : “same place” in Periodic table

Atoms with the **same atomic number** but different mass numbers (i.e. *different number of NEUTRONS*) are called **isotopes**.

^{12}C and ^{13}C are stable.

“Radiocarbon dating” is based on ^{14}C (half-life of ^{14}C is about 5,730 years)

Radioactivity



- Decay Units: Production (Bq), Absorption (Gy)

Bq (Becquerel) = s^{-1} is the *number of decays per second*
(older: 1 Curie (Ci) = 3.7×10^{10} Bq)

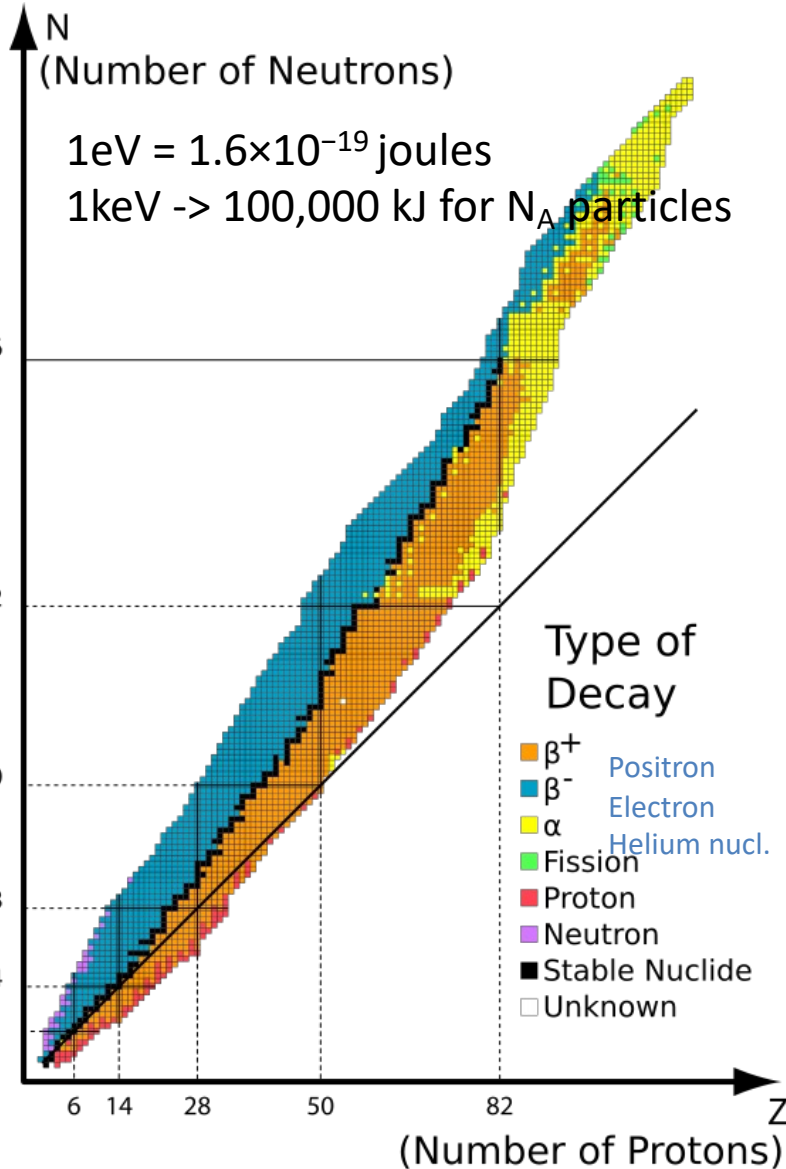
Gy (Gray) = absorption of *one joule* of radiation energy *per kilogram* of matter

Also: **Sievert, Sv = Gy** for X-rays

$$1 \text{ Gy} = 1 \frac{\text{J}}{\text{kg}} = 1 \frac{\text{m}^2}{\text{s}^2}$$

1 Sv = 1 joule/kilogram – a biological effect. deposit of a joule of radiation energy in a kilogram of human tissue. The equivalence to absorbed dose is denoted by Q.

Radionuclides in Medicine: destruction or imaging



- Unstable isotopes convert into more stable ones and produce *gamma rays* (most penetrating) and/or high energy particles $\alpha, p, n, \beta^-, \beta^+, \gamma$
- Particles may destroy cells
- **Radio-pharmaceutical** is injected, distributed in the body (may be in a carrier molecule, e.g. glucose), used for **imaging** or therapy

Examples:

Diagnostic **imaging** of colorectal cancers:

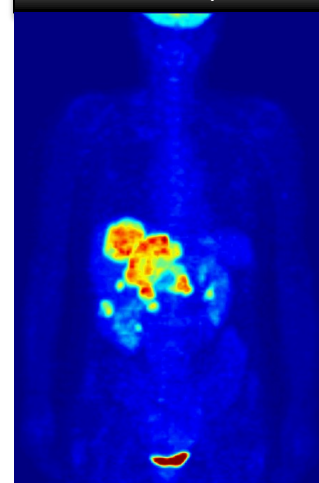
- Technetium-99m $\rightarrow \gamma$
- ^{99m}Tc **arcitumomab** <1MeV
- Fluoro deoxy glucose

Treatment of hyperthyroidism with Iodine

- I-131 (8 days) $\Rightarrow \gamma + \beta$ 971 keV



Lead container for iodine-123 capsule



PET: positron-emission tomography

Medical X-ray doses in Gray units

- For a *solid epithelial tumor* : **60 to 80 Gy**, or Sv
- *Lymphomas* are treated with **20 to 40 Gy**.
- Preventive doses are typically around 45–60 Gy in 1.8–2 Gy fractions for breast, head, and neck cancers.










Diagnostic doses

- The average radiation dose from *an abdominal X-ray* is 0.7 millisieverts (**0.0007 Sv**), that from an *abdominal CT scan* is **8 mSv**

High energy photons for diagnostics

Radiation doses of common imaging procedures in milli Sievers (mSv)

Radiation comes from either an external source or an injected/infused radioactive substance (e.g. Iodine-123, Barium-130,131 ..)

Procedure		Approximate effective radiation dose (mSv)	Approximate comparable time of natural background radiation exposure
 ABDOMINAL REGION	Computed Tomography (CT) — Abdomen and Pelvis	7.7 mSv	2.6 years
	Computed Tomography (CT) — Abdomen and Pelvis, repeated with and without contrast material	15.4 mSv	5.1 years
	Computed Tomography (CT) — Colonography	6 mSv	2 years
	Intravenous Pyelogram (IVP)	3 mSv	1 year
	Barium Enema (Lower GI X-ray)	6 mSv	2 years
	Upper GI Study With Barium	6 mSv	2 years
 BONE	Lumbar Spine	1.4 mSv	6 months
	Extremity (hand, foot, etc.) X-ray	< 0.001 mSv	< 3 hours
 CENTRAL NERVOUS SYSTEM	Computed Tomography (CT) — Brain	1.6 mSv	7 months
	Computed Tomography (CT) — Brain, repeated with and without contrast material	3.2 mSv	13 months
	Computed Tomography (CT) — Head and Neck	1.2 mSv	5 months
	Computed Tomography (CT) — Spine	8.8 mSv	3 years
 CHEST	Computed Tomography (CT) — Chest	6.1 mSv	2 years
	Computed Tomography (CT) — Lung Cancer Screening	1.5 mSv	6 months
	Chest X-ray	0.1 mSv	10 days
 DENTAL	Dental X-ray	0.005 mSv	1 day
	Panoramic X-Ray	0.025 mSv	3 days
	Cone Beam CT	0.18 mSv	22 days
 HEART	Coronary Computed Tomography Angiography (CTA)	8.7 mSv	3 years
	Cardiac CT for Calcium Scoring	1.7 mSv	6 months
	Non-Cardiac Computed Tomography Angiography (CTA)	5.1 mSv	< 2 years
 MEN'S IMAGING	Bone Densitometry (DEXA)	0.001 mSv	3 hours
 NUCLEAR MEDICINE	Positron Emission Tomography — Computed Tomography (PET/CT) Whole body protocol	22.7 mSv	3.3 years
 WOMEN'S IMAGING	Bone Densitometry (DEXA)	0.001 mSv	3 hours
	Screening Digital Mammography	0.21 mSv	26 days
	Screening Digital Breast Tomosynthesis (3-D Mammogram)	0.27 mSv	33 days

Radioactive decay: therapies

Substance

¹³¹I-sodium iodide

Yttrium-90-ibritumomab tiuxetan (Zevalin) and ¹³¹I-tositumomab (Bexxar)

¹³¹I-MIBG (meta iodo benzyl guanidine)

Samarium-153 or **Strontium-89**

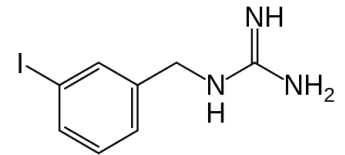
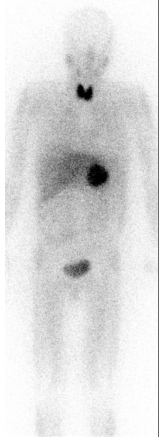
Condition

hyperthyroidism and thyroid cancer

refractory lymphoma

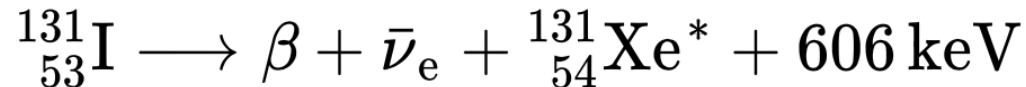
neuroendocrine tumors

palliative bone pain treatment



⁹⁰Y undergoes β⁻ decay to zirconium, T_{1/2} = 64.1 hours, E=2.28 MeV

¹³¹I T_{1/2} = 8 days (eg as potassium iodide or iodate, KI, or KIO₃)



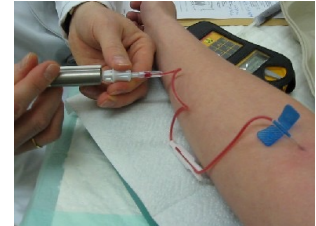
- Ionizing radiation, *potential hazard*:
 - Broken molecules, cells killed, anemia/neutropenia, immunogenicity, radiation burns
 - *Mutations* in somatic or germ cells, new neoplasms



Mild Nuclear reactions for imaging



- ${}^{99m}\text{Tc}$ is a *metastable isomer* of ${}^{99}\text{Tc}$
- ${}^{99m}\text{Tc}$ half-life is 6 hours (syringe is shielded)
- ${}^{99m}\text{Tc}$ is produced in hospitals from ${}^{99}\text{Mo}$
- Source: ${}^{99}\text{Mo}$ ($T_{1/2} = 66$ hours) is produced in nuclear reactors from ${}^{235}\text{U}$
- ${}^{99m}\text{Tc}$ chelators: pyrophosphate, exametazime, disofenin, oxidronate, arcitumomab, medronate, sestamibi, tetrofosmin, ...
- Unit conversion: 1eV corresponds to 96 kJ/mol, 23 kcal/mol

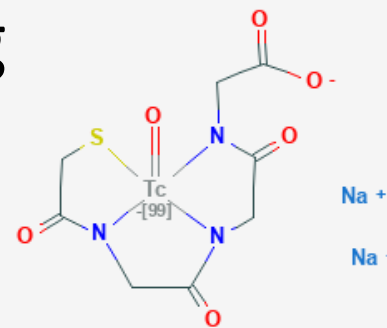
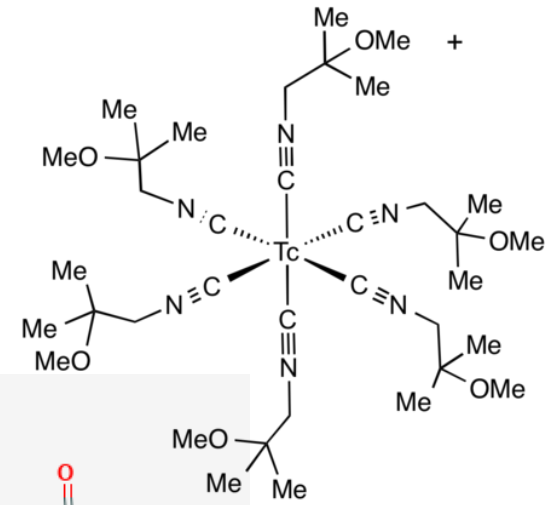
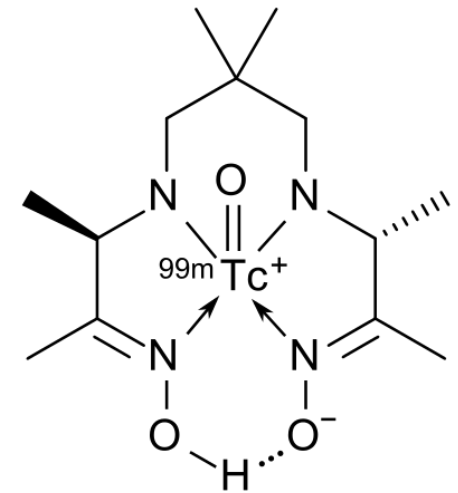


Example: ${}^{99m}\text{Tc}$ + targeting molecule to tumor-related lymph nodes

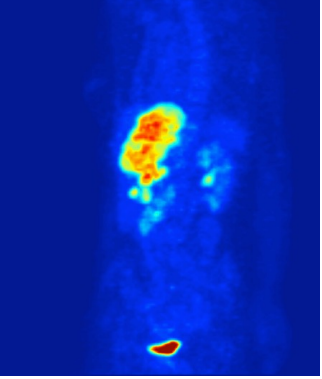
Lymphoseek: mannosylated carrier (tilmanocept) binds to macrophage CD-206 receptors

Technetium-99m carriers: target organ delivery

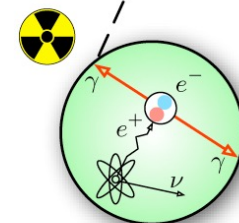
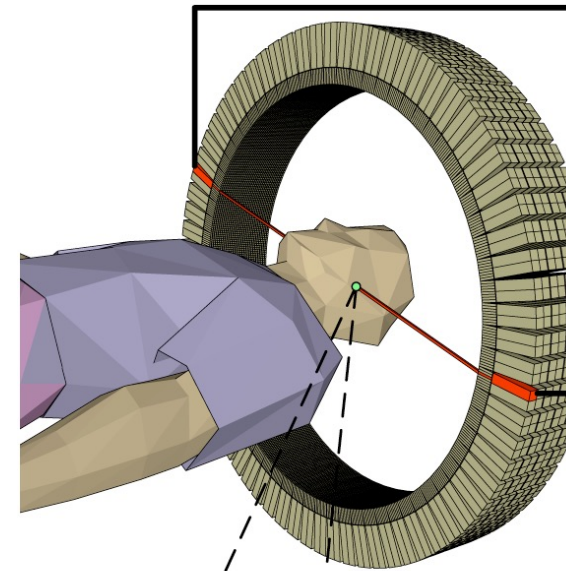
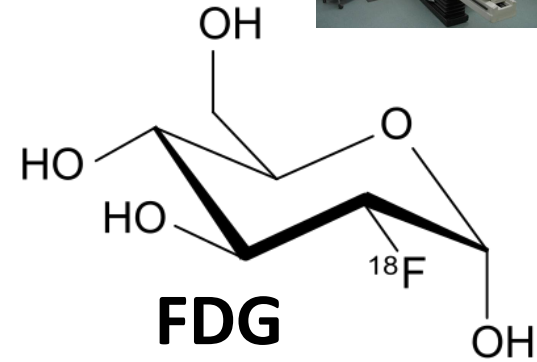
- Exametazine (Ceretec) for cerebral imaging in stroke
- Sestamibi for myocardial perfusion imaging
- Mercapto Acetyl Tri-Glycine (MAG3) for kidney imaging



PET: Positron-Emission Tomography

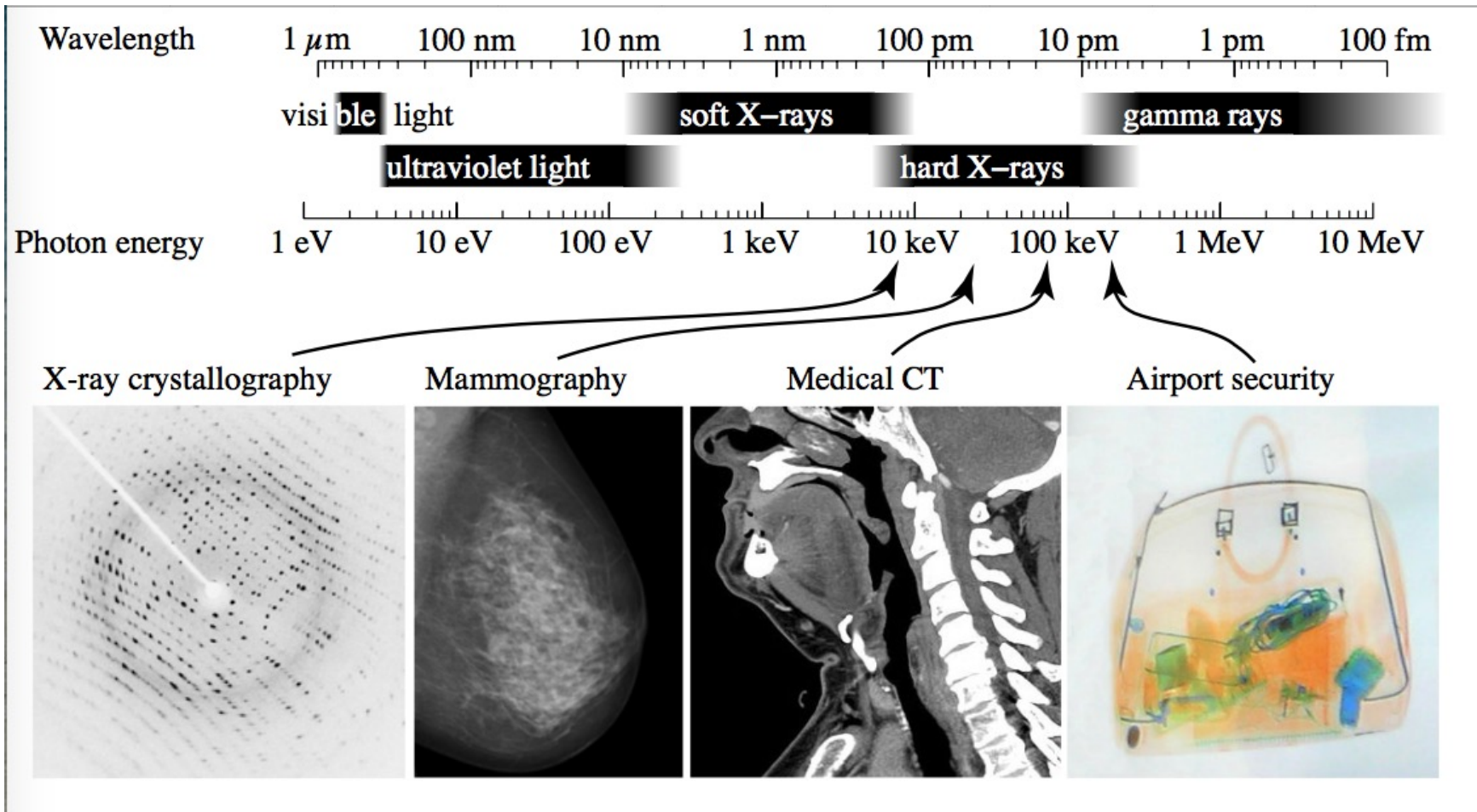


- **Tracer:** ^{18}F in FluoroDeoxyGlucose. Other carriers possible for specific receptor destination
- **Destination:** Hungry cells eat FDG
- **Reaction:** ^{18}F decays by emission of a **positron e^+** ($t_{\text{half-life}} = 109 \text{ min}$).
- **Annihilation:** $e^+ + e^- \rightarrow$ pair of 511 keV *opposite photons*; detection; computer tomography



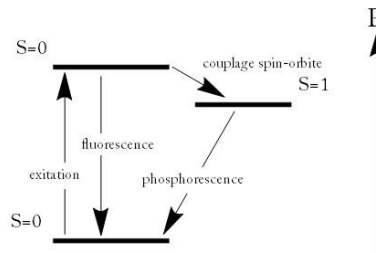
Annihilation

$$E=h\nu \quad \lambda=c/\nu \quad c=3\cdot 10^8 \text{ m/s}, \quad h=6.626\cdot 10^{-34} \text{ J s}$$



Luminescence is emission of light NOT from heat; a form of **cold** body radiation

- **Fluorescence**
- **Phosphorescence**



Fluorescence in Pharmacology

- **Sample:** Take a specimen (solution, semi-transparent sample, tissue, crystal) with a fluorescent drug (or inject it).
- **Excitation:** Shine light of *higher* frequency (can be UV or even X-ray) at the sample
- **Emission:** Observe the light of *lower* frequency emitted by the the drug

Why fluorescence?

- Fluorescent microscopy
- High Contrast and Spatial resolution
- High specificity via using antibodies and specific dyes
- Live cell imaging with fluorescent proteins
- Drugs for interactive cancer imaging during surgery, ophthalmology etc.
- Multiple colors
- Quantitative

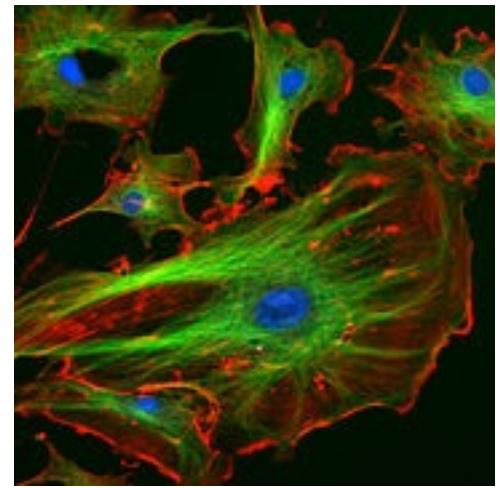
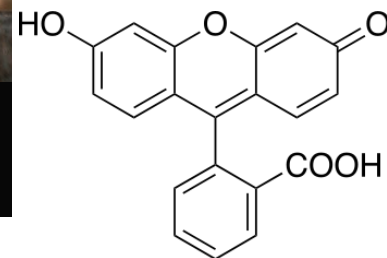
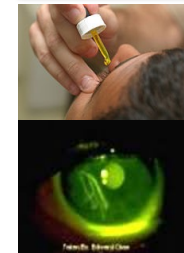
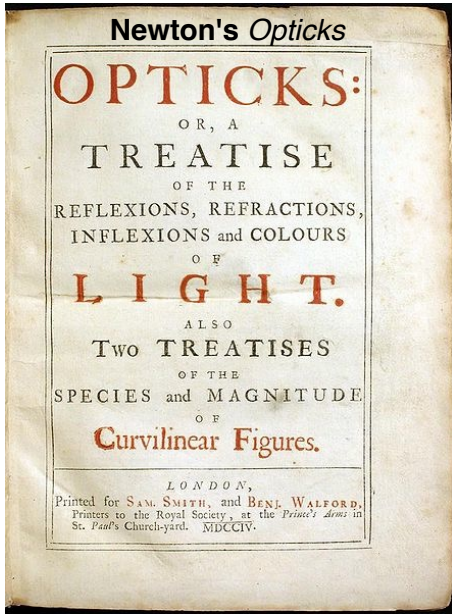


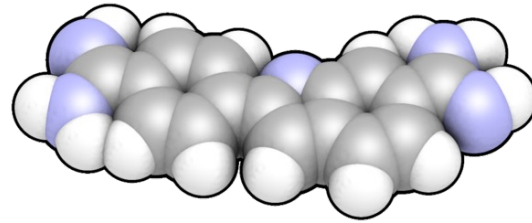
Image courtesy
of Photometrics

Fluorescein (ocular,IV)

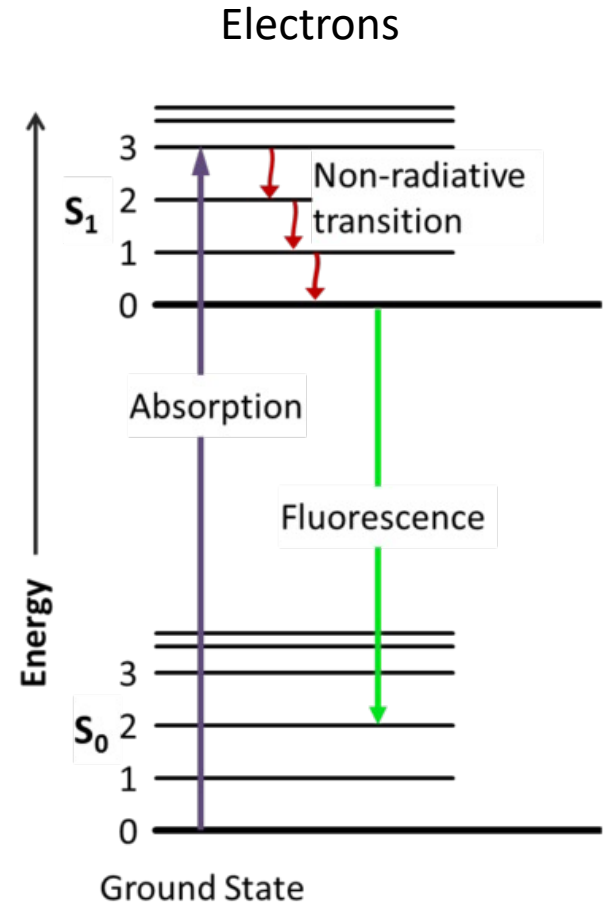
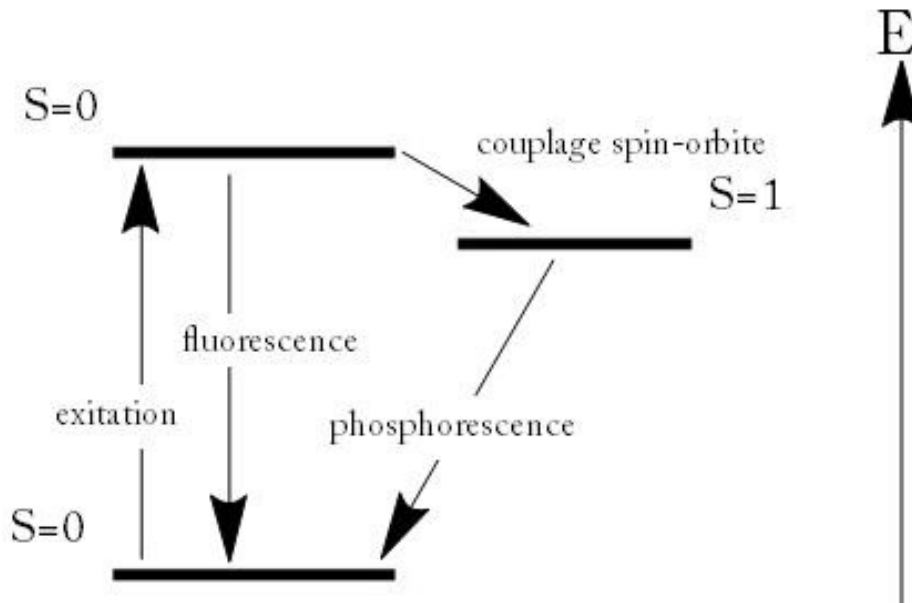




How it works



DAPI (stains DNA)



Jablonski Diagram of electronic and vibrational states.

See Nico Stuurman (UCSF) lecture: <http://www.youtube.com/watch?v=iPrZ84kHH2U>